



THE CARY ARMS

"The Inn on the Beach" Babbacombe, Devon

Vegetarian and Vegan Menu

Starters

Falaffel, mixed leaf salad, balsamic and garlic oil £8.95

Sun Blushed Tomato, Olive and Spinach Risotto, balsamic glaze (vg) (gf) £8.95

Vegetable Gyoze's, sauerkraut, soy seasmé and sweet chili dipping sauce (vg) £8.50

Field Mushroom and Truffle Crostini, balsamic glaze (vg) (gf) £8.95

Mains

Wild Mushroom and Spinach Risotto, in a white wine cream sauce, truffle oil (gf) (vegan on request) £16.50

Plant Based Burger, seeded bun, chutney, gherkin, fries & fresh salad (vegan on request) (gf)

£15.50

Mediterranean Vegetable Tart, on a mixed leaf salad, balsamic glaze (v) £16.50

Desserts

Selection of Local Sorbets (vg) (gf) £4.95

Apple & Blackberry Crumble, vanilla ice cream (vg) (gf) £8.95

Chocolate Tart, raspberry sorbet, fresh raspberries (vg) (gf) £8.95

please let your server know if your chosen meal should be vegan

(v) = vegetarian (vg) = vegan (gf) = gluten free